

SIGNATURE HOT STONE MASSAGE

The L'Aqua Experience

Massage Therapies

Feel radiant from the inside out and indulge in L'Aqua's signature massage. Heated and chilled

basalt and marble stones will

be positioned over your chakra points and muscle groups to allow tensions to drift away and nurturing massage strokes and movement of the stones will induce deep relaxation. 80 minutes | \$185

A firm pressure massage designed to relieve deep muscle tension, stimulate the lymphatic system and eliminate lactic acid build up.

This treatment will leave you

with longer lasting results. 50 minutes | \$130 80 minutes | \$175

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general relaxation. 50 minutes | \$125 80 minutes | \$169 PRENATAL MASSAGE This is the perfect treat for

Embrace your inner hamony and restore your body with

smooth, flowing massage strokes

perfect for aches and pains and

mum's-to-be as therapists use nurturing massage strokes

designed to relieve stress and

tired muscles, reduce fluid retention and provide relaxation. (Only recommended after the first trimester) 50 minutes | \$125 80 minutes | \$169



80 minutes | \$175

50 minutes | \$130

AROMATHERAPY

Clear your mind and enter a

deeply relaxing state through

the application of a beautiful

essential oil blend specifically

suited to your individual needs.

massage strokes which enhance

your balance and well-being and

60 minutes | \$125

for feet.

A targeted pressure-point foot

massage treatment aimed at all

over well-being and relaxation.

massage technique specifically

This is a traditional oriental



therapist to heal and assess the individual needs of each guest. It begins with a deeply relaxing 80 minute body massage

followed by a professional rebalancing facial tailored to your skin's requirements.

130 minutes | \$268

WELL BEING RITUAL

The L'Aqua Experience

This face and body ritual offers an innovative new approach to bodywork which allows the

Spa Escape Retreats

PURE PERFECTION Feel like a queen and pamper your self to perfection with a

relaxing 50 minutes massage followed by an invigorating body scrub. Your therapist will then tailor a deluxe spa facial to your own individual skin needs

and finish with hand & foot massage.

3.5 hours (approx) | \$385



The L'Aqua Experience

Couples Retreats

PACKAGE Enjoy your honeymoon and indulge youj and your loved one with this totally relaxing

MARRIAGE PAMPER

and tranquil treatment.

Your pampering starts with

50 minute massage, followed

mini facial. At the end of the

treatment, slip into a private

jacuzzi, and celebrate your

by a 30minute pureluy aromatic

marriage with strawberries, cream, chocolate, and ofcourse a glass of sparkling wine.

100 minutes | \$399

DEEP CLEANSE FACIAL

and foot massage.

50minutes | \$125

ENERGISE HIM

foot massage.

An advanced re-energising and detoxifying treatment which fights skin fatigue and is designed especially for men's skin - with handsome results. The Deep Cleanse Facial eliminates toxins and enhances skin luminosity through a face, neck, shoulder

120 minutes | \$429 MASSAGE RETREAT

Enjoy the decadence of the dual room as you both receive a

ULTIMATE COUPLES

Take some time out with a

Uncover your healthy glow

through a cleansing body exfoliation and nourishing

luxurious treatment for couples.

deluxe spa body wrap. Then slip

into a private jacuzzi, receive

a revitalising neck, back and

and glass of sparkling wine.

shoulder massage and celebrate

together with starawberries, cream

soothing, simultaneous 50 minute relaxation massage followed by a 20 minute private jacuzzi. 70 minutes | \$269 100 minutes | \$349

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50 minutes | \$130 RELAX & UNWIND For the manliest of men, destress with a 50 minute full

body massage, hot oil scalp massage, ultimate men's facial and rejuvenating foot massage.

Recharge with a back scrub, muscle melting back, neck and shoulder massage and a relaxing

110 minutes | \$250

The L'Aqua Experience

DETOX AROMA BODY WRAP

A true cocoon of effectiveness,

At the heart of this treatment

is a rich, creamy mask full of

essential oils and plant extracts,

chosen according to your needs

and applied all over the body.

Beneficial and comforting, you

will be warmly wrapped, whilst

the products work their magic.

Your face gets a mini-facial and

massage uging beautyful aromatic

your scalp will be relaxed with

balms and a hair mask.

80 minutes | \$188

Body Treatments

RELAX AROMA BODY WRAP

body and soul with aromatherapy

massage works on soothing tense

muscles. A creamy papaya and clay mask wraps the whole body

producing a feeling of warmth

and wellbeing, to nourish and

hydrate the skin. You receive a

scalp massage with hair mask.

80 minutes | \$188

mini-facial and get a destressing

Designed to relax your mind,

ingredients to boost calmness

and a quieter mind while the

BACK TREATMENT The Perfect Back Treatment is an ideal ritual to cleanse the back and remove imperfections in 45 minutes. This complete treatment comprises of an exfoliation, a massage and a clarifying mask to purify and

cleanse this less accessible area

FRUIT SEED BODY SCRUB An effective yet gentle body exfoliation using fruits seeds and fruit powder blended with essential oils and spices of orange, ginger and cinnamon.

An aromatic back massage with a customised aromatherapy balm follows to relieve tension and sooth tired muscles. A hydrating body milk completes this journey of the senses.

50 minutes | \$120

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of the body.

45 minutes | \$115

The L'Aqua Experience Spa Etiquette



AN IHG" HOTEL

L'AQUA day spa

VOCO

31 Hamilton Ave, Surfers Paradise, QLD 4217